CHOKING

COMPLETE / SEVERE AIRWAY OBSTRUCTION Ensure Safety for Self and Others

Dial Triple Zero (000) for an Ambulance

Child and adult: Back blows -

lean forward. Chest thrusts -

upright, use your other hand to

hold them or position against a stationary/stable object so you don't knock them over (e.g. wall, in a chair etc.)

Infant: Back blows - head

downwards so gravity will

assist with expulsion. Across

your lap/thigh or over your

arm. Chest thrusts - turn over.

If the object cannot be dislodged by coughing - Call 000 Then do the back blow / chest thrust sequence.



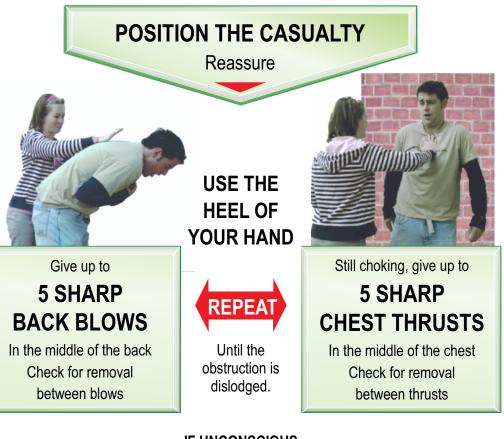
SIGNS & SYMPTOMS

- Trying to breathe
- · Gasping, coughing
- Cannot speak or breathe
- No escape of air can be felt
- · Hands held to throat
- Extreme anxiety, agitation

HAZARD = Panic. Complete obstruction.

RISK = Unconsciousness. Respiratory arrest. Cardiac arrest. Death.

BACK BLOW / CHEST THRUST SEQUENCE



IF UNCONSCIOUS

Airway obstruction may not be apparent until assessing the airway and breathing. Finger sweep if solid material is visible. Commence CPR for cardiac arrest. This is one method for infant- if having to act quickly where no seat is available to allow for positioning over the first aiders thigh.

Pilbara First Aid and CPR Training

www.pilbarafirstaid.com.au

0408952076 pilbarafirstaid@gmail.com